

---

# THE HAMMOND – PSCHE (Personal, Social, Citizenship and Health Education) Policy

Drafted August 2011, Reviewed Aug 2012, November 2012, December 2013, July 2015, October 2016

---

## Every Child Matters:

- Be Healthy
- Stay Safe
- Enjoy and Achieve
- Make a Positive Contribution
- Achieve Economic Wellbeing.

**Helping Every Child to Achieve More**

The PSCHE programme for Lower School (see below) has been written to provide continuity through years 7 to 11. Citizenship, careers, health and sex education will be delivered as part of the PSCHE programme. The programme will make use of the single period per week timetabled in each year group, plus assemblies, morning form time and additional sessions arranged for presentations by visiting speakers and external visits.

Whilst individual teachers (wherever possible, Form Tutors) are timetabled to deliver PSCHE lessons, it is envisaged that there will be opportunities throughout the year to allow specialists to deliver from time to time on the following topics, sex and relationships education (SRE), healthy eating, citizenship topics, e-safety and financial matters.

## Aims

The general aims of PSCHE are to inform and educate pupils in important aspects of health (both general and sexual), citizenship, careers and personal development – all topics that assist in their transition from childhood to adulthood. The PSCHE programme of study is based on three core themes within which there will be broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

Since a child's ability to understand and apply their knowledge and to respond to what they hear develops as they age, these topics are delivered at varying depth as pupils progress through the school. Our aims are to encourage pupils to have due regard to moral considerations, family life and responsibilities; to encourage respect (for self and others), self-esteem, self-awareness and self control; to enable children to develop sensitivity and awareness of rights, duties and responsibilities and to acquire the skills and sensitivity necessary for making moral decisions.

## Delivery and Resources

Teachers timetabled for PSCHE lessons will be provided with a file of material to assist them in delivering the topics. This is fully supported by *Dynamic Learning* on line software, allowing teachers to create outstanding lessons using a wealth of informative, exciting and interactive resources. Alongside traditional text books, the whiteboard eTextbooks provide ideal front-of-class teaching and include audio sources and subject specific weblinks. The resources also include interactive knowledge test and end of topic assessments. Teachers can successfully combine their own trusted resources alongside those from the *Dynamic Learning* Teaching and Learning resources. The PSCHE text books and online resources are written specifically to match the revised 2014 Programme of Study and are certified as Quality Assured by the PSHE Association and the Citizenship Foundation.

The PSCHE Co-ordinator is responsible for supporting all teachers of PSCHE in the delivery of the programme of study, ensuring all resources are readily available. In addition to this he/she will coordinate visiting speakers and PSCHE related school trips such as the Year 10 visit to the Magistrates Court. Teachers of PSCHE will follow the programmes of study carefully ensuring that each of the main topics are covered. Teachers will use their own professional judgement as to which resources to use based on what they consider to be most suitable for the group they are teaching. Evidence of teaching and learning will be found in the pupils' PSCHE folders, which all pupils take with them as they move up through the school.

<b>PSCHE Key Stage 3</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 7</b>	<b>Introducing PSHE</b> (Chapter 1 PSHE)  <b>Emotional Wellbeing</b> (Chapter 5 PSHE)	<b>Healthy Lifestyle</b> (Chapter 6 PSHE)  <b>Rules, Fairness, Rights &amp; Responsibilities</b> (Section 1 Citizenship)	<b>SRE</b> (Chapters 2 & 3 PSHE) Visiting Speaker – Gareth Cheesman  <b>Healthy Lifestyle</b> (Chapter 6 PSHE)	<b>Identity</b> (Chapter 8 PSHE)  <b>Communities &amp; Identities</b> (Section 2 Citizenship) (+ Chapter 9 PSHE)	<b>Drugs</b> (Chapter 4 PSHE)  <b>Risk &amp; Safety</b> (Chapter 7 PSHE)	<b>Planning for the Future</b> (Chapter 10 PSHE)  <b>Money &amp; Me</b> (Chapter 11 PSHE)
<b>Year 8</b>	<b>Laws &amp; the Justice System</b> (Section 3 Citizenship)  <b>Money &amp; Me</b> (Chapter 11 PSHE)	<b>Emotional Wellbeing</b> (Chapter 5 PSHE)  <b>Risk &amp; Safety</b> (Chapter 7 PSHE)	<b>SRE</b> (Chapters 2 & 3 PSHE) Visiting Speaker – Gareth Cheesman  <b>Healthy Lifestyle</b> (Chapter 6 PSHE)	<b>Drugs</b> (Chapter 4 PSHE)  <b>Identity</b> (Chapter 8 PSHE)	<b>Managing Money</b> (Section 4 Citizenship) (+Chapter 11 PSHE)  <b>Planning for the Future</b> (Chapter 10 PSHE)	<b>Communities</b> (Chapter 9 PSHE)
<b>Year 9</b>	<b>Introduction to PSHE (Values)</b> (Chapter 1 PSHE) <b>Careers – Fast Tomato</b>  <b>Liberty &amp; Freedom</b> (Section 5 Citizenship)	<b>Communities</b> (Chapter 9 PSHE)  <b>Identity</b> (Chapter 8 PSHE)	<b>SRE</b> (Chapters 2 & 3 PSHE) Visiting Speaker – Gareth Cheesman  <b>Healthy Lifestyle</b> (Chapter 6 PSHE)	<b>Parliamentary Democracy</b> (Section 6 Citizenship)  <b>Planning for the Future</b> (Chapter 10 PSHE) <b>(Incorporate GCSE Option Choices)</b>	<b>Drugs</b> (Chapter 4 PSHE)  <b>Emotional Wellbeing</b> (Chapter 5 PSHE)	<b>Risk &amp; Safety</b> (Chapter 7 PSHE)  <b>Money &amp; Me</b> (Chapter 11 PSHE)

<b>PSCHE Key Stage 4</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 10</b>	<b>The Media &amp; Young People</b> (Chapter 1 PSHE) <b>The Power of the Media</b> (p160-165 Citizenship)	<b>Diversity</b> (Chapter 5 PSHE)  <b>Human Rights</b> (p24-35 Citizenship)	<b>SRE</b> (Chapter 2 PSHE) Visiting Speaker – Gareth Cheesman  <b>Health Education: Drugs &amp; Alcohol</b> (Chapter 2 PSHE)	<b>Justice</b> (p172-189 Citizenship)  <b>Magistrates Court Visit</b>	<b>Emotional &amp; Mental Health</b> (Chapter 3 PSHE)  <b>Study Skills, Exam Technique &amp; Revision</b>	<b>Community</b> (p100-129 Citizenship)
<b>Year 11</b>	<b>Personal Finance</b> (Chapter 8 PSHE)  <b>Government</b> (p148-159 Citizenship)	<b>Making a Difference</b> (p130-147 Citizenship)  <b>Study Skills, Exam Technique &amp; Revision</b>	<b>Employability</b> (Chapter 10 PSHE)  <b>ROAs/Personal Profiles/CVs</b>	<b>Consumerism</b> (Chapter 7 PSHE)  <b>World Trade &amp; Poverty</b> (p90-99 Citizenship)	<b>Relationships</b> (Chapter 4 PSHE)  <b>Revision</b>	