

DVD Audition Requirements - Professional Diploma (Dance / Musical Theatre)

(Please record each exercise/performance as an individual clip in the order below)

Ballet Requirements

Short Barré Exercises - candidate to be filmed from a side angle to assess alignment.

1. Pliés
2. Tendu
3. Adage (fondu and développé)
4. Grande Battement

Short Centre Practice Exercises

5. Pirouette
6. Petit Allegro
7. Grande Allegro

Girls - Short Pointe Work Exercises

- Slow rises at the barré (parallel and first position)
- Échappé at the barré
- Posé turns from the corner (please only demonstrate this exercise if you have reached this level in training)

Boys

- Tour en l'air

Flexibility Assessment

(All positions to be recorded on one clip from a side angle to assess alignment. Please hold each position for five seconds)

1. Forward stretch (long-sit in parallel)
2. Spine extension (prone)
3. Forward split (R)
4. Second position split (vertical spine alignment)

5. Forward split (L)
6. External rotation of the hips (supine)
7. Plantar flexion (feet)

Contemporary and Jazz Dance Requirements

Two short exercises in each discipline (e.g.) corner or centre work.

Dance Solo (up to one minute in preferred style)

Vocal Solo (any style to suit candidate, up to one minute)

Acting Monologue (up one minute - contemporary piece)

N.B. Please include any relevant physiotherapy reports, information regarding anatomical malalignment or history of injury/surgery.